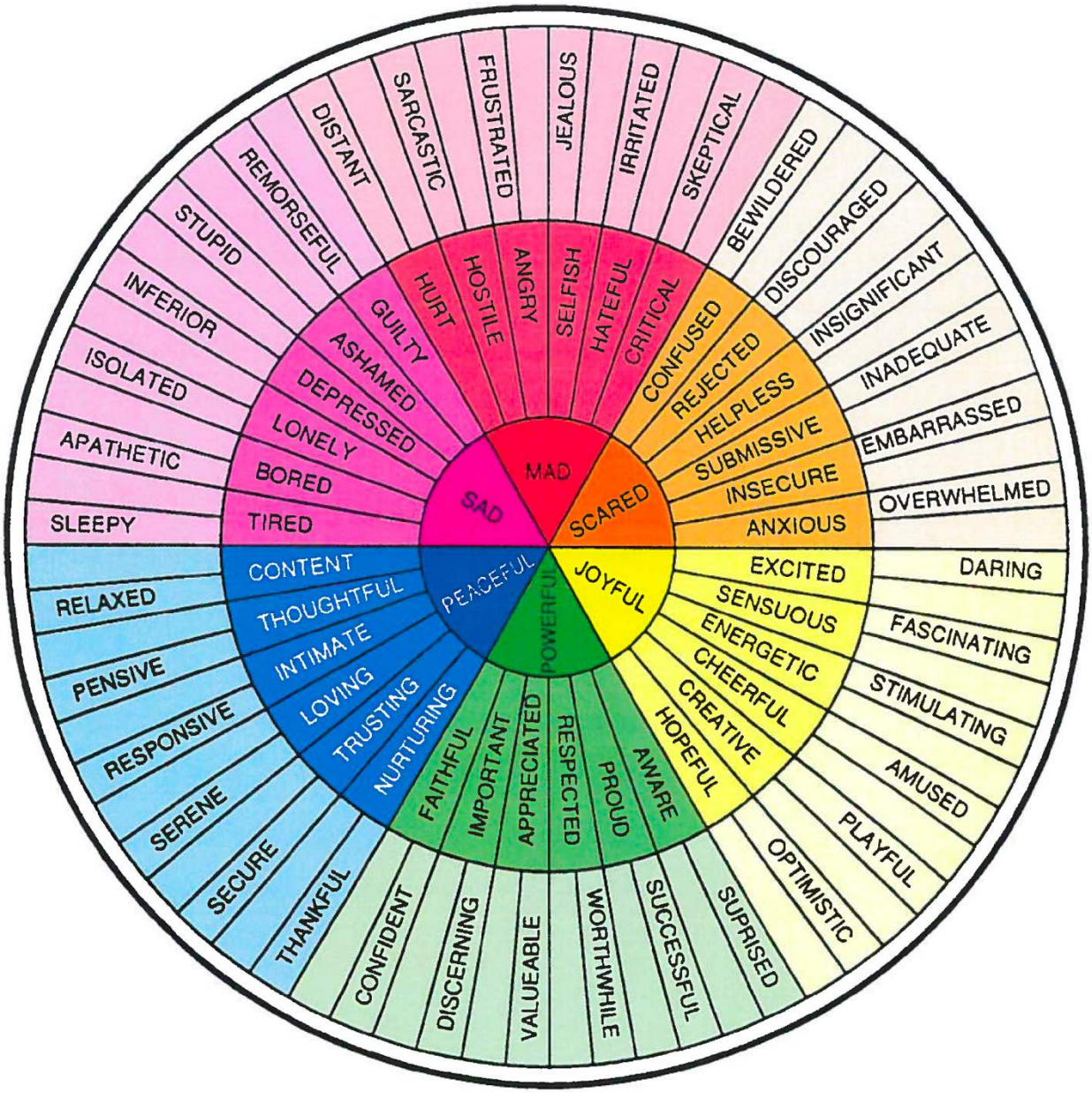
The Feelings Wheel



Developed by Dr. Gloria Wilcox
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